



# **Player Information**

**10U Cal Ripken Division**

**Pacific Southwest Regional Tournament**

**July 13 – 20, 2019**

**Honolulu, Hawaii**



**LEONARD J. HAMMER**  
PACIFIC SOUTHWEST REGIONAL COMMISSIONER  
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July 2019

**Congratulations:**

Pacific Southwest Babe Ruth Baseball, Oahu Babe Ruth League and Honolulu, Hawaii would like to extend to you a warm welcome to the 2019 Pacific Southwest 10U Year Old Cal Ripken Regional Tournament.

It is important that all concerned keep each other advised of their activities. Managers/Coaches scheduling special practices, meetings, etc. shall make certain that their players and families stay well informed.

Because special assistance may be needed in adjusting a situation, you may contact the Tournament Director, Carl Watanabe or the Tournament Chairman, Glenn Ah Sam. Contact information is included in this information booklet.

All games will be played at Patsy Mink Central Oahu Regional Park, 94-801 Kamehameha Hwy, Waipahu, HI 96797. Other names, times, telephone numbers and information can be found in this booklet.

Sincerely,

Leonard Hammer  
Regional Commissioner

Carl Watanabe  
Tournament Director

Glenn Ah Sam  
Tournament Chairman

From a presentation by Tom Hicks of Tom Hicks Baseball Camps during the 2012 Regionals for 9 and 10 year olds held at Long Beach, California. Offered three tips to parents, coaches and players.

### #1 – Parents

- ✓ Give your child unconditional love.
  - BRH: It is easy to do when he does well. Show the same love when he has a bad day.
- ✓ Build your child's self-esteem.
  - BRH: Build his self-worth by being a positive mirror. What does he see when he looks at you?
- ✓ Remember that Baseball is a game based on failure.
  - BRH: No one gets a hit with every at bat. Likewise, not everyone makes every play. Let your child know it's okay, there's always the next one.

### #2 – Coaches

- ✓ Are you being a good role model?
  - BRH: Are you under control with your actions and words and consistent with your desire to improve each player both on and off the field?
- ✓ Are you teaching the right way to play the game?
  - BRH: There are no short cuts to develop the principles of sportsmanship and fair play.
- ✓ Give your passion for the game as a gift to your players.
  - BRH: You are involved because you love the game of baseball. Create an environment for the players to develop successfully to become just as passionate about the game as you.

### #3 – Athletes

- ✓ Are you coachable?
  - BRH: Listen and absorb as much as you can. It will only make you better. Learning never ends.
- ✓ What type of teammate are you?
  - BRH: Be a positive and supportive teammate. The entire team has to have the same focus to be successful.
- ✓ What are your practice habits like?
  - BRH: How you practice is how you will play. Practice makes permanent. If you always practice hard to do things properly, so will your mindset be for games. You do well in school by doing things the right way over and over again.

Three thoughts for everyone:

1. Fathers should not live their life through their son's career. BRH: Let your child grow and develop into his own person. If he is not meeting your expectations, ask yourself "What did I not do right?" Be honest. Don't place the fault on the shoulders of your child.
2. Don't forget how difficult this game is to play? BRH: Only a small percentage will have highly successful careers. The important thing is to have all players take away positive memories of their experiences.
3. Academics are more important than performance on the field. BRH: Spend as much time with your child working on their academics as you do pushing them to be successful on the field. In reality, baseball skills will take them only so far, however, academics allows them to shoot for the stars.

## PLAYER INSTRUCTIONS

Officials of the Pacific Southwest Cal Ripken Baseball and the host have been extremely busy and conscientious in their plans to ensure your stay in Hawaii will be pleasant and memorable. We ask for your complete cooperation in adhering to the following rules to avoid any conflicts.

### ASSISTANCE

We want all participants to enjoy themselves during the tournament. If you need any assistance, contact your team manager immediately. The manager, in turn, may request assistance from tournament headquarters or may contact the team host for needed information.

### CONDUCT

You must always be on your best behavior, both on and off the field. Any misconduct could cause you to be disqualified from participating in the tournament, and could also adversely affect the rest of the team. "Ragging" of other players or the umpires will not be tolerated.

### SCHEDULE

Follow your team schedule at all times. **BE ON TIME**, and dress appropriately for each function. You may not leave any event without first receiving approval from the team manager.

### APPEARANCE

As representatives of your region, we expect you to dress in a manner reflective of your pride in being chosen. You may dress informally and comfortably, however, you are expected to be in uniforms at games and be uniformly dressed at other events. You are expected to be appropriately attired at all times.

### UNIFORMS

No repeat of numbers on a team. Each player will have a different number on his uniform. The official Cal Ripken shoulder emblem will be worn on the left sleeve.

### SPECIAL ASSISTANCE

Contact your team manager or member of the tournament staff. Check with your team manager prior to any swimming activities especially on game days. Notify and obtain approval from your team manager prior to going on activities with your families.

**HAVE A GREAT TOURNAMENT EXPERIENCE!!**

**Pacific Southwest Cal Ripken  
10U Regional Tournament**

**July 13, 2019 – July 20, 2019  
Honolulu Hawaii**

**HOST LEAGUE** Oahu Babe Ruth League

**TOURNAMENT DIRECTOR:** Carl Watanabe  
(808) 382-2005  
[ctw200564@gmail.com](mailto:ctw200564@gmail.com)

**TOURNAMENT CHAIRMAN:** Glenn Ah Sam  
(808) 478-7660  
[gbas50@yahoo.com](mailto:gbas50@yahoo.com)

**TOURNAMENT SITE:** Patsy Mink Central Oahu Regional Park  
94-801 Kamehameha Highway  
Waipahu, Hawaii 96797  
**ADMISSION: \$5/day or \$20/week; 12 and under FREE**

**HOTEL INFORMATION** Aqua Ohia Waikiki – 2 Double beds with kitchenette  
2280 Kuhio Avenue  
Honolulu, Hawaii 96816  
(808) 926-6442

Reservations: (080) 921-9152  
[ohiareservations@aqua-aston.com](mailto:ohiareservations@aqua-aston.com)

*Kuhio Avenue runs parallel to Kalakaua Avenue in Waikiki. Hotel is directly in back of the International Market Place. Walk through the shopping arcade to Kalakaua and Waikiki Beach is a short walk.*

Pagoda Hotel – 2 Double beds/no kitchenette  
1525 Rycroft Street  
Honolulu, Hawaii 96814  
(808) 941-6611

Reservations: (808) 948-08315  
[lori.sanehisa-lee@aqua-aston.com](mailto:lori.sanehisa-lee@aqua-aston.com)

*A short walk from the hotel is the largest shopping center in Hawaii, Ala Moana Shopping Center....shop till you drop.*

**Walmart and Walgreens are nearby and also a short walk from the hotel.**

**SHUTTLE SERVICE IS AVAILABLE BETWEEN THE TWO HOTELS AT 40 MINUTE INTERVALS.**

**CHECK IN:** Aqua Ohia Waikiki – July 13, 2019

**MEETING WITH TEAMS:** Pagoda Hotel – La Salle Room  
Saturday, July 13, 2019 (Times are tentative as flight information indicates late night arrival on the 13th)

5:00pm Guam/Northern California  
5:30pm Arizona/North Utah  
6:00pm Hawaii/Hawaii Host  
6:30pm Hawaii II/Nevada

Central California/Southern California arrive at 11:00 in the evening  
**8:30 Sunday morning after Coaches Meeting**

**COACHES MEETING:** Sunday, July 14, 2019, 7:00am  
Pagoda Hotel – La Salle Room

**SKILLS CHALLENGE:** Sunday, July 14, 2019, 10:00 am  
TBD

**WELCOME DINNER:** Sunday, July 14, 2019, 5:30 pm  
Pagoda Hotel  
1525 Rycroft Street  
Honolulu, Hawaii 96814  
(808) 941-6611

**BREAKFAST:** Monday, July 14 to Sunday, July 21, 2019

**PAGODA:** Breakfast Buffet available. Or McDonald’s is just a short walk from the hotel, next to Walmart. L&L Drive in located in Walmart store.

**AQUA OHIA:** Small restaurant in the hotel opens at 7:00 in the morning to serve breakfast. IHOP is a short block from the Ohia as well as other eating facilities in the area.

**GAMES:** Monday, July 15, 2019 to Saturday, July 20, 2019  
Games will start at 10:00am  
Patsy Mink Central Oahu Regional Park  
94-801 Kamehameha Hwy, Waipahu, HI 96797

**ADMISSION: \$5/day or \$20/week; 12 and under FREE**

**SOUVENIR ITEMS:** Limited Inventory at the park.

Items may be ordered online @ .  
If order is placed by July , items may be picked up at tournament.

**PRACTICE FIELDS:** Manoa District Park  
2721 Kaaipu Ave, Honolulu, HI 96822  
Schedule use with Glenn Ah Sam

**Patsy Mink Central Oahu Regional Park  
Schedule use with Glenn Ah Sam**

**GROCERY NEEDS:**

**Safeway – Open 24 hours  
888 Kapahulu Ave, Honolulu, HI 96816  
Foodland – Ala Moana Center ground level**

**Walmart – short block from Walgreens on Keeaumoku Street**

**MEDICAL NEEDS:**

**Longs Drugs (CVS) – Open 24 hours  
2470 S. King St, Honolulu, HI 96826  
1.2 miles from hotel  
24 hour pharmacy  
Snacks and mac nuts and coffee**

**Walgreens - Open 24 hours  
1488 Kapiolani St, Honolulu, HI 97814  
Corner of Keeaumoku Street and Kapiolani Blvd  
24 hour pharmacy**

**Kapiolani Medical Center for Women and Children  
1319 Punahou Street  
Honolulu, HI 96826  
(808) 983-6000**

**Queen’s Medical Center  
1301 Punchbowl Street  
Honolulu, HI 96813  
(808) 547-4311 – Emergency Dept  
(808) 538-9011 – General line**

**SPORTING GOODS:**

**Sport Stan  
94-547 Uke’e Street  
Waipahu, HI 96797  
(808) 676-7826  
1.4 miles from Central Oahu Regional Park**

**RECREATION:**

**Swimming in the Pacific Ocean  
Step out of the hotel and walk to the  
beach**

**Honolulu Zoo  
honolulu zoo.org  
151 Kapahulu Ave, Honolulu, HI 96815**

**Waikiki Aquarium  
2777 Kalakaua Avenue, Honolulu, HI 96815**

**Arizona Memorial**  
**[1-99] Arizona Memorial Way**  
**Honolulu, HI 96818**

**SHOPPING:**

**Ala Moana Shopping Center (largest in Hawaii)**  
**1450 Ala Moana Blvd, Honolulu, HI 96814**

**Waikale Premium Outlet Shopping Center**  
**94-790 Lumiaina St, Waipahu, HI 96797**  
**Close to game site**

**International Market Place**  
**Across Kuhio Avenue from Aqua Ohia**

**GOOD GRINDS:**

**Activities Desk in the hotel**  
**Can arrange luau, tours etc**

**HAWAIIAN**

**Da Ono Hawaii Foods**  
**726 Kapahulu Ave, Honolulu, HI 97816**  
**\*\*\*limited seating and on street parking**

**JAPANESE**

**Gyotaku Japanese Restaurant**  
**1824 S. King Street, Honolulu HI 96826**  
**\*\*\*can accommodate large groups**

**IHOP**

**Ohana Waikiki Malia**  
**2211 Kuhio Avenue**  
**Honolulu, HI 96815**

**LAUNDROMAT:**

**Available at Hotel**